

Cosmic People – Initial Assessment & 3 Monthly Review

1. Please rate yourself from 1-5 in the following areas:

All Students

- | | | |
|--|---------------------------------------|---|
| <input type="checkbox"/> Motivation | <input type="checkbox"/> Organisation | <input type="checkbox"/> Social Skills |
| <input type="checkbox"/> Confidence | <input type="checkbox"/> Planning | <input type="checkbox"/> Self-help Strategies |
| <input type="checkbox"/> Self-awareness | <input type="checkbox"/> Preparation | <input type="checkbox"/> Goal Setting |
| <input type="checkbox"/> Time Management | | |

2. Goals/areas I would like to work on

1. _____
2. _____
3. _____
4. _____

4. Have your short term goals been achieved? (Refer to question 2)

	No	Yes	Still requires support	Review date
1				
2				
3				
4				

b) Long term goals:

Overview: Your study skills support is designed to enable you to become an independent learner by teaching you strategies to assist your academic work.

Study Skills Support

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Reading for purpose | <input type="checkbox"/> Referencing | <input type="checkbox"/> Writing Skills (Narrative, Academic, Blog, Reflective) | <input type="checkbox"/> Group Work |
| <input type="checkbox"/> Writing Skills | <input type="checkbox"/> Spelling & Grammar | <input type="checkbox"/> Presentation | <input type="checkbox"/> Sentence Structure/Compound |
| <input type="checkbox"/> Research | <input type="checkbox"/> Exam Techniques | <input type="checkbox"/> Critical Analysis | <input type="checkbox"/> Self-editing Techniques |
| | | | <input type="checkbox"/> Structuring Paragraphs |

3. So far, how is the support benefiting you?

Tutor Name: _____ Signed: _____

Student Name: _____ Signed: _____

Date: _____

Note:-

Please note you are invited to provide anonymous/confidential feedback termly via a MailChimp email. Alternatively please contact the office on 01283 716 333.

Cosmic People – Student Sessional Record (In conjunction with Initial Assessment & 3 monthly review document)

	Date	Start/ End Time	Session summary - Strategies, Topic Areas, Specific Support	Areas working on				Next booked session Time, date & location
				1	2	3	4	
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								

T: 01283 716 333 E: administration@cosmic.co.uk W: www.cosmic-people.co.uk

Cosmic People Limited. Cosmic House, Main Street,
Walton on Trent, Swadlincote, South Derbyshire. DE12 8LZ.



Cosmic People
Realise your potential